TRANSFORMING COMMUNITIES INITIATIVE

★ ★ ★ FOR A HEALTHIER NORTH HARTFORD ★ ★ ★

HEALTHY BODEGA PROJECT

- ★ Utilize NYC's healthy bodegas model.
- ★ Quality improvements to bodegas to include access to fresh produce.
- ★ Invest in upgrades for increased produce storage.
- ★ Facilitate farm to table connection between bodegas and farmers markets.
- ★ Educate on electronic payment and Wi-Fi access.
- ★ Promote sustainable community gardens, and hydroponic kits.

COMMUNITY HEALTH & MENTAL WELLNESS HUB

- ★ In North Hartford community hub focused on combating community health, disparities and promoting physical and mental wellness.
- ★ Provide alternative mental health support, including meditation, mindfulness, yoga, support, groups, etc.
- ★ Host community conversations to better understand mental health stressors.
- ★ Offer rotating satellite services from local health institutions and community based organization.

HEALTHY LIVING RESIDENTIAL MODEL

- ★ Develop community living policies to promote positive health outcomes.
- ★ Collaborate with residents to tackle issues like community violence, food, and housing, scarcity mental distress, and lack of intergenerational connection.
- ★ Launch an educational campaign on affordable housing access.
- ★ Create spaces for intergenerational living.
- ★ Engage with residential property development agencies.
- ★ Partner with elected officials to create or amend housing policies.