Day 6 of 7
7 Day Allies Advocacy Challenge

HEALTH

• Advocate for equitable care by your medical community.
• Allow Doulas to be paid through Medicaid/Insurance so services are available for all. Doulas help reduce maternal morbidity especially among women of color.
• Call on leaders to declare racism as a public health crisis.
• Support mental health response services.

HERE IS HOW YOU CAN TAKE ACTION

Health: Speak Out

Action 1: Call on leaders to declare racism as a public health crisis by supporting local campaigns. For more information visit: https://www.ywcahartford.org/advocacy/create-a-community-without-racism.html

Action 2: Support the push for Doulas to be paid through Medicaid/Insurance so services are available for all. Doulas help reduce maternal morbidity especially among women of color. Call/email local government in support of S.B. 1 specifically section 10 to establish the definition of a doula within state statues and conduct a study to determine the establishment of a state certification process for doulas. Visit these links to learn about Doula Care and what is being done in CT: https://ctmirror.org/2019/09/06/connecticut-looks-to-expand-doula-services-to-improve-childbirth-outcomes/, https://www.facebook.com/doulas4ct/.

Allies Guide to Advocacy

For more information on how to be an ally view the Allies Guide to Advocacy Webinar: https://www.ywcahartford.org/advocacy/ally-guide-for-advocacy.html