



hartford region

For Immediate Release

Contact:

Lauren Yergeau
YWCA Hartford Region
135 Broad Street
Hartford, CT 06105
LaurenY@ywc Hartford.org
(P) 860-525-1163, ext. 117
(F) 860-543-8919

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Applications Available for YWCA’s Young Women’s Summer Program
Free YWLC Summer Institute for Girls in Grades 9-12

Hartford, CT – YWCA Hartford Region is now accepting applications for the Young Women’s Leadership Corps (YWLC) 2015 Summer Institute. YWLC Summer Institute gives young women in grades 9– 12 from the greater Hartford area the confidence and skills to achieve their educational and personal goals. YWLC builds skills in leadership, decision making, conflict resolution and problem solving. It helps to establish healthy behaviors, promotes college education and develops career readiness in young women. The program runs Monday through Thursday, 8 AM – 4 PM from July 13th through August 14th, 2015 at YWCA Hartford Region’s offices at 135 Broad Street, Hartford. YWLC Summer Institute is free for participants, but space is limited.

YWLC Summer Institute is collaborating with Aetna to offer activities focused on health and wellness, technology and career readiness. Aetna employees and YWCA staff will provide a hands-on, enriched learning environment with exciting activities that prepare the young women for their future careers. The workshops include fitness, nutrition, empowerment, information technology, service learning and more, some of which will be located at Aetna’s corporate headquarters.

“Our goal is to engage these girls using hands-on activities that will fuel their curiosity and give them the desire to learn more,” said Dana Sears, Director of Youth Development at YWCA Hartford Region. “The partnership with Aetna helps us provide information on a vast variety of topics and helps the girls connect with many talented adults who act as mentors.”

Now in its 8th year, YWLC Summer Institute has taught young women that all things are possible. YWLC has helped hundreds of young women reach their goals and achieve their dreams.

Registration materials are available online at http://www.ywc Hartford.org/what_we_do/ywlc.html. For more information, contact Dana Sears, Director of Youth Development, at (860) 525-1163, ext. 108 or DanaS@ywc Hartford.org.

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Established in 1867, YWCA Hartford Region is the third oldest affiliate of YWCA, a women's membership movement dedicated to **eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all**. YWCA Hartford Region provides programs and services in the greater Hartford Region including child care, supportive housing, teen leadership development, racial justice awareness, financial literacy and economic empowerment. For more information, visit www.ywcahartford.org and follow us on [Facebook](#) and [Twitter](#).